

Supplies needed:

Pencil & paper/journal

Open space to dance in - approximately 10' x 10'

(Optional) flag or ribbon stick

(Optional) additional device to use for Zoom* (see info below)

*The virtual platform that is being used for the "What If: Creativity" conference doesn't have a video option for the speaker to see the attendees. This dance workshop is designed to be interactive and movement oriented. If it is possible, the speaker would like to see the attendees during the workshop. How would this work? You will need two devices (see below). If you do not have two devices please don't worry, you can join this workshop by following Step 1 only. Looking forward to moving and dancing with you!

Step 1: Use your main device (laptop) to join the "When the Spirit says 'dance'" session on RunTheWorld

Step 2: Use your secondary device (ex: smart phone, ipad, laptop) to join the Zoom meeting (see below). Joining the Zoom meeting is solely for the purpose of allowing the speaker to see the attendee.

Step 3: Please make sure to mute your Zoom microphone and turn the volume on your secondary device to silent to avoid echo coming out of both devices.

Zoom Info - "When the Spirit says 'dance'" session

[https://zoom.us/j/95665755841?
pwd=OVYrQy9leVRVZEJ5MzcxTTNlZHFuZz09](https://zoom.us/j/95665755841?pwd=OVYrQy9leVRVZEJ5MzcxTTNlZHFuZz09)

ID - 956 6575 5841

Password - creativity